



 MovePA

The "MovePA" logo consists of a graphic element on the left made of five horizontal blue lines of increasing length, followed by the text "MovePA" in a large, dark blue sans-serif font.

**ANNUAL CONFERENCE**

**Oct. 6-8, 2023**

**Marriott Lancaster at Penn Square | Lancaster, PA**

**[APTAPA.ORG/MOVEPA](https://APTAPA.ORG/MOVEPA)**

## TOP 7 REASONS TO ATTEND MOVEPA 2023

- Get inspired by our keynote address from Roger Herr, PT, MPA, APTA President.
- Connect with more than 300 physical therapy professionals in the commonwealth.
- Earn more than half of your state licensure continuing education requirements.
- Visit with exhibitors to learn about the latest physical therapy equipment, products and services.
- Catch up on the latest PT and PTA news in the commonwealth.
- Register by Sept. 18 to save on registration.
- Enjoy complimentary lunch on Friday and Saturday, breakfast on Saturday and Sunday and giveaways in the exhibit hall.

# APTA PA 2023 MOVEPA ANNUAL CONFERENCE

JOIN US THIS OCTOBER IN LANCASTER!

APTA PA 2023 – Move PA annual conference is scheduled for October 6-8, 2023. We have tremendous educational offerings, opportunity to fulfill many of your educational requirements for this licensure cycle, and the chance to see old friends and meet new ones.

On a more serious note APTA PA has information to share regarding legislative actions at the state and national levels and provide you the opportunity to participate in “informing your colleagues”. There are fun activities as well, the PAC party will be an evening to remember, so mark it on your calendar! The conference education committee has truly outdone themselves again this year as you will see as you review the conference schedule.

I hope you will consider joining us this year. Let’s meet, talk, share time with friends, and come away with positive impressions of how PT/PTAs transform society.

Scott Voshell, PT  
APTA PA President

## APTA PENNSYLVANIA 2023 LEADERSHIP

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*Chester Heights, PA*

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Katie Maher  
*Pittsburgh, PA*

# SCHEDULE AT A GLANCE

## FRIDAY, OCT. 6

8:00 a.m.-5:00 p.m.

**Registration Open**

8:00 a.m.-11:00 a.m.

**Poster Setup**

9:00 a.m.-11:00 a.m.

**Opening and Keynote**

11:00 a.m.-9:00 p.m.

**Exhibit Hall Open**

11:00 a.m.-12:00 p.m.

**Legislative Update Luncheon  
– OR –**

11:00 a.m.-12:00 p.m.

**Lunch with Exhibitors**

12:00 p.m.-2:00 p.m.

**Educational Sessions**

2:00 p.m.-2:30 p.m.

**Break with Exhibitors**

2:30 p.m.-4:30 p.m.

**Educational Sessions**

4:45 p.m.-6:15 p.m.

**Research Platform Presentations**

7:00 p.m.-9:00 p.m.

**Opening Reception and Awards**

## SATURDAY, OCT. 7

7:00 a.m.-6:30 p.m.

**Registration and Exhibit Hall Open**

7:00 a.m.-8:00 a.m.

**Breakfast with Exhibitors**

7:30 a.m.-8:15 a.m.

**SIG Meetings**

8:30 a.m.-10:30 a.m.

**Educational Sessions**

10:30 a.m.-11:30 a.m.

**Break with Exhibitors and Poster Session**

11:30 a.m.-1:30 p.m.

**Educational Sessions**

1:30 p.m.-2:30 p.m.

**Lunch with Exhibitors**

2:30 p.m.-4:30 p.m.

**Educational Sessions**

4:15 p.m.-6:00 p.m.

**Brew and Business Membership Meeting**

7:00 p.m.-11:00 p.m.

**PA PT PAC Live! with the PAC Event**

## SUNDAY, OCT. 8

7:30 a.m.-2:00 p.m.

**Registration Open**

7:30 a.m.-8:30 a.m.

**Breakfast with Exhibitors**

8:30 a.m.-10:30 a.m.

**Educational Sessions**

10:30 a.m.-10:45 a.m.

**Break with Exhibitors**

10:45 a.m.-12:45 p.m.

**Educational Sessions**

12:45 p.m.

**Adjourn**

## CONFERENCE PLANNING/EDUCATION COMMITTEE

*Thank you to all of our APTA PA member volunteers who helped to plan our terrific conference!*

### COMMITTEE CHAIR

Colleen Bradley, PT, DPT

*Drexel Hill, PA*

### COMMITTEE MEMBERS

Marci Ruediger, PT  
Cherry Hill, NJ

Jeffrey Rothman, PT, DPT, OCS  
Pittsburgh, PA

Derek Fanto, PT, DPT  
Philadelphia, PA

Kristin von Nieda, PT, DPT, MEd  
Philadelphia, PA

Stacey Minio, PT, DPT  
Upper Holland, PA

Thank you to our additional contributing  
members:

Noelle Almond, PTA, Kathy Brown, PT, MS, and  
Mary Ann Wharton, PT, MS

# CONFERENCE SCHEDULE

## THURSDAY, OCT. 5, 2023

2:00 p.m.-7:00 p.m. Board of Directors Meeting  
*All APTA PA members are invited to attend. Please email APTA PA Executive Director Katie Maher at [execdirector@aptapa.org](mailto:execdirector@aptapa.org) if you plan to attend for planning purposes.*

*Multi-part sessions below are indicated after the title. You may choose to attend the full track of a particular presentation OR you can attend different session topics throughout the day.*

## FRIDAY, OCT. 6, 2023

8:00 a.m. Registration Opens

8:00 a.m.-11:00 a.m. Exhibitor Setup

9:00 a.m.-11:00 a.m. Poster Setup

9:00 a.m.-11:00 a.m. **Opening Keynote** – Roger Herr, PT, MPA, President APTA

11:00 a.m.-9:00 p.m. Exhibit Hall Opens

11:00 a.m.-12:00 p.m. Legislative Ambassador's Luncheon  
*Interested in staying up-to-date on the latest legislative issues affecting physical therapy in Pennsylvania? Join this luncheon for an overview of hot legislative topics. Open to all conference attendees; you must pre-register to attend. Lunch will be provided.*

– OR –

11:00 a.m.-12:00 p.m. Lunch with Exhibitors  
*Lunch provided for all conference attendees not attending the Legislative Ambassador's Luncheon.*

12:00 p.m.-2:00 p.m. **Educational Sessions**

**Breathing is the Foundation. Optimize Breath Control with Movement**  
– Colleen Chancler, PT, MHS, PhD; Susan Gerhard, PT, DPT; Amy Humphrey, PT, DPT, OCS, MTC; Rebecca Smith, PT, MS, CCS, GCS

**Return to Foot Health; New Insights and Strategies to Manage Foot-Related Pathologies, Part 1**  
– Bill Stodardt, PT, DPT, OCS, and Morgan Onink, PT, DPT, OCS

**From Head to Toe: An Interdisciplinary Approach to Toe Walking from Evaluation to Discharge Part 1**  
– Morgan Alcott, PT, DPT, PCS; Anne Pare, CO

**Musculoskeletal Ultrasound (MSKUS) in the Practice in Physical Therapy**  
– Eddie St.Clair, PT, DPT, CHT and Beth Carr, PT, CWS, FMSK

2:00 p.m.-2:30 p.m. Break with the Exhibitors

2:30 p.m.-4:30 p.m. **Educational Sessions**

**Moving Forward: Addressing Patient Needs through Digital Health and Innovation**  
– Robert Latz, PT, DPT, CHCIO, CDHE, FCHIME

**Return to Foot Health; New Insights and Strategies to Manage Foot-Related Pathologies, Part 2**  
– Bill Stodardt, PT, DPT, OCS, and Morgan Onink, PT, DPT, OCS

**From Head to Toe: An Interdisciplinary Approach to Toe Walking from Evaluation to Discharge, Part 2**  
– Morgan Alcott, PT, DPT, PCS; Anne Pare, CO

APTA PA has received pre-approved provider status from the Pennsylvania State Board of Physical Therapy. Contact hours will be awarded to participants who attend the courses. Certificates will be distributed via email after the conclusion of the conference. Course content is not intended for use outside the scope of the learner's license or regulation. Clinical continuing education should not be taken by individuals who are not licensed or otherwise regulated, except if they are involved in a specific plan of care.

# CONFERENCE SCHEDULE

## FRIDAY, OCT. 6, 2023 CONT.

### **Trauma-Informed Care for The Physical Therapist**

– Noa Goodman, DPT, WCS, CLT-LAN

4:45 p.m.-6:15 p.m.

### **Research Platform Sessions #1**

### **Research Platform Sessions #2**

7:00 p.m.-7:45 p.m.

Awards Presentation

7:45 p.m.-9:00 p.m.

Opening Reception

## SATURDAY, OCT. 7, 2023

7:00 a.m.

Registration Opens

7:00 a.m.-8:00 a.m.

Continental Breakfast with the Exhibitors

7:30 a.m.-8:15 a.m.

SIG Business Meetings & SIG Meeting & Greet

8:30 a.m.-10:30 a.m.

### **Educational Sessions**

### **Moving Forward: Esports 101: Clinical Foundations in an Emerging Field**

– Caitlin McGee, PT, DPT

### **The Many Faces of Temporomandibular Disorder**

– Tim Bayruns, PT, DPT, OCS, CSCS

### **Expectations and Interventions for Children and Adults with Medical Complexity Across the Lifespan, Part 1**

– AnnMarie Stauffer, PT, DPT, and Tanya Myers, PT, DPT, CAS

### **Bridging the Gap to Independence: Use of Assistive Technology, 3D Printing, and Comprehensive Wellness Programs to Improve Quality of Life and Function in People with Neurologic Diagnoses**

– Jaclyn Schwartz, CTRS, Brian Comly, MS OTR/L, Carol Owens, PT, DPT, GCS, and Elizabeth Watson, PT, DPT, NCS

10:30 a.m.-11:30 a.m.

### **Break with Exhibitors and Poster Session**

*Presenters will be in attendance at their respective posters during this time. Beverages provided for all conference attendees.*

11:30 a.m.-12:30 p.m.

### **Educational Sessions**

### **Balancing Functional Mobility Training While Promoting Neurorecovery in the Complex Neurologic Patient**

– Erin Freimuth, PT, DPT, NCS; Erin Trudell, PT, DPT, NCS; Susan Detwiler, PT, DPT, NCS; Elizabeth Watson, PT, DPT, NCS

11:30 a.m.-1:30 p.m.

### **Educational Sessions**

### **Moving Forward: Making Sense of the Data We Collect to Ensure Better Care**

– Robert Latz, PT, DPT, CHCIO, CDHE, FCHIME

### **Headache: A Physical Therapist Differential Diagnosis, Part 1**

– Tim Bayruns, PT, DPT, OCS, CSCS, Robert Lontz, MSPT, MBA, OCS, Cert. MDT and Kelley Limbauan, PT, DPT, NCS

### **Expectations and Interventions for Children and Adults with Medical Complexity Across the Lifespan, Part 2**

– AnnMarie Stauffer, PT, DPT, and Tanya Myers, PT, DPT, CAS

12:30 a.m.-1:30 p.m.

### **Educational Sessions**

### **Just do it: Collect and Standardize Your Outcome Measures. Lessons Learned from a Rehab Setting**

– Erin Freimuth, PT, DPT, NCS, Erin Trudell, PT, DPT, NCS

1:30 p.m.-2:30 p.m.

Lunch in the Exhibit Hall

# CONFERENCE SCHEDULE

## SATURDAY, OCT. 7, 2023 CONT.

2:30 p.m.-3:30 p.m.

### **Educational Sessions**

#### **Promoting Skin Protection and Pressure Injury Prevention for the Complex Neurologic Patient**

– Caroline Palantino, PT, DPT, CWS, Kiley Cruik, PT, DPT, NCS

2:30 p.m.-4:30 p.m.

### **Educational Sessions**

#### **Moving Forward: Legal and Ethical Issues Related to Technology in Physical Therapy Practice**

– Robert Latz, PT, DPT, CHCIO, CDHE, FCHIME, Caitlin McGee, PT, DPT, Stephen Carp, MSPT, PhD, Mary Ann Wharton, PT, MS

#### **Headache: A Physical Therapist Differential Diagnosis, Part 2**

– Tim Bayruns, PT, DPT, OCS, CSCS, Robert Lontz, MSPT, MBA, OCS, Cert. MDT and Kelley Limbauan, PT, DPT, NCS

#### **Environmental Health, Minority Health and the Role of PTs**

– Maureen Pascal, PT, DPT

3:30 p.m.-4:30 p.m.

### **Educational Sessions**

#### **Interdisciplinary Approaches to Optimizing Cancer Care in Inpatient Rehabilitation**

– Benjamin Ayzenberg, PT, DPT, NCS, Aliah Keirse, PT, DPT, NCS or Colleen Dowd, PT, DPT

4:30 p.m.-6:00 p.m.

### **Brew and Business Membership Meeting**

*Learn about what's happening with your APTA chapter. The Brew and Business Membership Event is open to APTA PA members ONLY.*

7:00 p.m.-10:00 p.m.

### **PA PT PAC Live! with PA PAC**

*Event to follow the Annual Membership Meeting.*



## **ATTEND OUR PA PT PAC EVENT AT THE MOVE PA CONFERENCE!**

Don't miss this fun and challenging event hosted by the PA PT PAC! Join us to be part of our studio audience and play interactive games, listen to interviews and network with fellow professionals. We will also have a great silent and raffle auction!

**Come join and be the best team among other participants!**

**This year's PAC Event will take place following the Membership Meeting on Saturday, Oct. 7 from 7:00 p.m.-10:00 p.m.**

**Grab your tickets early for discounted pricing! Add your discounted ticket to your conference registration.**

# CONFERENCE SCHEDULE

## SUNDAY, OCT. 8, 2023

7:30 a.m.	Registration Opens
7:30 a.m.-8:30 a.m.	Breakfast with the Exhibitors
8:30 a.m.-10:30 a.m.	<b>Educational Sessions</b>  <b>Food and Physiology Across the Lifespan: Nutritional Factors that May Affect Your Patients, Part 1</b> – Emily Stasko, MPH, RD, LDN, and Jacquelyn Klunk, MS, RDN, LDN  <b>Physical Therapy Management of the Medically Complex Geriatric Patient, Part 1</b> – Julie Skratz, PT, DPT, PhD, CCS and Heather Cronin, PT, DPT, GCS  <b>Parkinson's Clinical Practice Guidelines (CPG's) and Parkinson's Freezing Gait Analysis, Part 1</b> – Jen Brown, PT, DPT; Barrie Greenberg, PT, DPT
10:30 a.m.-10:45 a.m.	Break
11:00 a.m.	Exhibitor/Posters Breakdown
10:45 a.m.-12:45 p.m.	<b>Educational Sessions</b>  <b>Food and Physiology Across the Lifespan: Nutritional Factors that May Affect Your Patients, Part 2</b> – Emily Stasko, MPH, RD, LDN, and Jacquelyn Klunk, MS, RDN, LDN  <b>Physical Therapy Management of the Medically Complex Geriatric Patient, Part 2</b> – Julie Skratz, PT, DPT, PhD, CCS and Heather Cronin, PT, DPT, GCS  <b>Parkinson's Clinical Practice Guidelines (CPG's) and Parkinson's Freezing Gait Analysis. Part 2</b> – Jen Brown, PT, DPT; Barrie Greenberg, PT, DPT
12:45 p.m.	Adjourn
12:45 p.m.-2:00 p.m.	House of Delegates Meeting



# SESSION OBJECTIVES

## KEYNOTE

Roger Herr, PT, MPA

**Friday, Oct. 22 // 9:00 a.m.-11:00 a.m.**

1. Overview of Association Who we are and what we do:
  - a. Profession,
  - b. APTA Structure
  - c. What we do: Vision and Mission and Strategic Plan
2. APTA in Action: 2030
  - a. Working to Sustain, Steward, and Strengthen APTA for the Next Generation
  - b. Advocacy and Professional Advancement
3. APTA Trusted Leader for the Profession,
  - a. Finding your People
  - b. Building Your Career
  - c. Building Community

## BREATHING IS THE FOUNDATION. OPTIMIZE BREATH CONTROL AND MOVEMENT

Colleen Chandler, PT, MHS, PhD, Susan Gerhard, PT, DPT, Amy Humphrey, PT, DPT, OCS, MTC, Rebecca Smith, PT, MS, CCS, GCS

**Friday, Oct. 6 // 12:00 p.m.-2:00 p.m.**

**Earn 2 contact hours (direct)**

- This session will provide participants with information on how to use evaluative methods to identify inefficiencies of respiration and the role of the actions of the muscles of respiration.
- Optimize respiratory capacity by selecting the most appropriate methods to ensure balance between breathing pattern, muscle activation and energy production.
- Demonstrate competence in the performance of breathing exercises, muscle length/strength relationships and joint mobilization techniques for the costal cage for DB.
- Develop clinical decision-making skills in the prescription and implementation of manual therapy techniques for a person with decreased activity due to decreased rib mobility.

## RETURN TO FOOT HEALTH; NEW INSIGHTS AND STRATEGIES TO MANAGE FOOT-RELATED PATHOLOGIES, PART 1

Bill Stodart, PT, DPT, OCS, and Morgan Onink, PT, DPT, OCS

**Friday, Oct. 6 // 12:00 p.m.-2:00 p.m.**

**Earn 2 contact hours (1 General, 1 Direct)**

- This session will allow participants to reflect on and re-assess traditional interventions for plantar fasciitis and other foot-related pathologies
- Gain new perspective on the pathoanatomic factors contributing to conditions such as plantar fasciitis, tarsal tunnel syndrome, Morton's neuroma, etc.
- Identify features that should be considered in shoe wear selection for optimal foot health.
- Expand knowledge of evidence-based evaluative

considerations and interventions for foot-related pathologies.

- Develop proficiency in assessing the kinematic chain and prescribing therapeutic exercises that address the contributing factors of foot-related pathologies

## FROM HEAD TO TOE: AN INTERDISCIPLINARY APPROACH TO TOE WALKING FROM EVALUATION TO DISCHARGE, PART 1

Morgan Alcott, PT, DPT, PCS and Anne Pare, CO

**Friday, Oct. 6 // 9:00 a.m.-11:00 a.m.**

**Earn 2 contact hours (.5 General, 1.2 Direct)**

- Identify toe walking vs normal gait patterns
- Learners will use the ICF framework to identify pertinent elements of initial evaluation for patients with ITW
- Learners will identify reliable and valid outcome measures to track outcomes as related to impairments in body structures and functions, activity limitations, and participation restrictions
- Learners will identify physical therapy interventions to address impairments in body structures and functions for patients with ITW
- Learners will identify physical therapy interventions to address activity limitations and participation restrictions for patients with ITW
- Learners will identify appropriate physical therapy discharge criteria for patients with ITW
- Learners will categorize levels of orthotic intervention and then choose the most appropriate level based on type of toe walking and individual presentation
- Learners will be able to explain orthotic dosage, follow up and discharge criteria for each level of orthotic intervention and individual presentation

## MUSCULOSKELETAL ULTRASOUND (MSKUS) IN THE PRACTICE IN PHYSICAL THERAPY

Beth Carr, PT, CWS, FMSK and Edward StClair, PT, DPT, CHT

**Friday, Oct. 6 // 9:00 a.m.-11:00 a.m.**

**Earn 2 contact hours (2 Direct)**

- Define Musculoskeletal Ultrasound and it's use in Physical Therapy
- Review the Parameters of MSKUS found on a report
- Discuss the importance of MSKUS in Physical Therapy practice
- Review of MSKUS and Lab demonstration 40 min
- Case Study review

## MOVING FORWARD: ADDRESSING, PATIENT NEEDS THROUGH DIGITAL HEALTH AND INNOVATION

Robert Latz, PT, DPT, CHCIO, CDHE, FCHIME

**Friday, Oct. 6 // 2:30 p.m.-4:30 p.m.**



# SESSION OBJECTIVES

## **Earn 2 contact hours (2 Direct)**

- In this session, we focus on the current healthcare landscape and will provide the opportunity for hands. Discuss the current digital health landscape
- State at least three projects within APTA related to Digital Health
- Discuss different ways to categorize digital health technologies
- Describe at least two digital health products in the Therapeutic category
- Describe at least two digital health products in the Evaluation category
- Use a checklist to evaluate various digital technologies

## **RETURN TO FOOT HEALTH; NEW INSIGHTS AND STRATEGIES TO MANAGE FOOT-RELATED PATHOLOGIES, PART 2**

*Bill Stodart, PT, DPT, OCS, and Morgan Onink, PT, DPT, OCS*

**Friday, Oct. 6 // 2:30 p.m.-4:30 p.m.**

## **Earn 2 contact hours (2 Direct)**

- This session will allow participants to reflect on and reassess traditional interventions for plantar fasciitis and other foot-related pathologies
- Gain new perspective on the pathoanatomic factors contributing to conditions such as plantar fasciitis, tarsal tunnel syndrome, Morton's neuroma, etc.
- Identify features that should be considered in shoe wear selection for optimal foot health.
- Expand knowledge of evidence-based evaluative considerations and interventions for foot-related pathologies.
- Develop proficiency in assessing the kinematic chain and prescribing therapeutic exercises that address the contributing factors of foot-related pathologies.

## **FROM HEATH TO TOE: AN INTERDISCIPLINARY APPROACH TO TOE WALKING FROM EVALUATION TO DISCHARGE, PART 2**

*Morgan Alcott, PT, DPT, PCS and Anne Pare, CO, LO*

**Friday, Oct. 6 // 2:30 p.m.-4:30 p.m.**

## **Earn 2 contact hours (2 Direct)**

- In this course, learners will be able to identify toe walking vs normal gait patterns
- Use the ICF framework to identify pertinent elements of initial evaluation for patients with ITW
- Reliable and valid outcome measures to track outcomes as related to impairments in body structures and functions, activity limitations, and participation restrictions
- Physical therapy interventions to address impairments in body structures and functions for patients with ITW
- Physical therapy interventions to address activity limitations and participation restrictions for patients with ITW
- Appropriate physical therapy discharge criteria for patients with ITW
- Categorize levels of orthotic intervention and then choose

the most appropriate level based on type of toe walking and individual presentation

- Explain orthotic dosage, follow up and discharge criteria for each level of orthotic intervention and individual presentation

## **TRAUMA-INFORMED CARE FOR THE PHYSICAL THERAPIST**

*Noa Goodman, DPT, WCS, CLT-LANA*

**Friday, Oct. 6 // 2:30 p.m.-4:30 p.m.**

## **Earn 2 contact hours (1 General and 1 Direct)**

- This course will allow participants to: define trauma-informed care - Defining Trauma, Principles of Trauma-Informed Care, 4 R's, 6 Principles of Trauma-Informed Care
- Educate clinicians on the prevalence of trauma - Population Health, ACEs, Resources from CDC
- Provide tools to create a safe clinical experience taking the neurophysiologic effects of trauma into consideration
- Equip outpatient physical therapists with tools to evaluate and treat the Gender Diverse Population with a Trauma-Informed approach

## **MOVING FORWARD: ESPORTS 101: CLINICAL FOUNDATIONS IN AN EMERGING FIELD**

*Caitlin McGee, PT, DPT*

**Saturday, Oct. 7 // 8:30 a.m.-10:30 a.m.**

## **Earn 2 contact hours (1.25 General and .75 Direct)**

- This course will allow participants to focus on the current healthcare landscape and will provide the opportunity for hands. Discuss the current digital health landscape
- State at least three projects within APTA related to Digital Health
- Discuss different ways to categorize digital health technologies
- Describe at least two digital health products in the Therapeutic category
- Describe at least two digital health products in the Evaluation category
- Use a checklist to evaluate various digital technologies

## **THE MANY FACES OF TEMPOROMANDIBULAR DISORDER**

*Tim Bayruns, PT, DPT, OCS, CSCS*

**Saturday, Oct. 7 // 8:30 a.m.-10:30 a.m.**

## **Earn 2 contact hours (.75 General and 1.25 Direct)**

- This presentation will allow participants to be able to define TMD and how Physical Therapist fit into the decision process
- Be able to understand, evaluate, Outcome measures used, and apply proper Intervention for patients with TMD
- Differential Diagnosis of TMD and its relationship to: Hypermobility, Secondary Headache, Miss Diagnosis, and

# SESSION OBJECTIVES

- systemic disease processes.
- By use of Case Reports: will illustrate Proper PT techniques and education used to make positive change
- Understand care of TMD throughout the Lifespan

## EXPECTATIONS AND INTERVENTIONS FOR CHILDREN AND ADULTS WITH MEDICAL COMPLEXITY ACROSS THE LIFESPAN (PART 1)

*AnnMarie Stauffer, PT, DPT, and Tanya Myers, PT, DPT, CAS*

**Saturday, Oct. 7 // 8:30 a.m.-10:30 a.m.**

**Earn 2 contact hours (1 General and 1 Direct)**

- This course will allow participants to define children and adults with medical complexity adults with medical complexity
- Identify appropriate assessments tools for children and adults with medical complexity
- Evaluative Describe interventions for children and adults with medical complexity
- Suggest equipment to enhance participation for children and adults with medical complexity
- Develop participation-based goals for children and adult with medical complexity

## BRIDGING THE GAP TO INDEPENDENCE: USE OF ASSISTIVE TECHNOLOGY, 3D PRINTING, AND COMPREHENSIVE WELLNESS PROGRAMS TO IMPROVE QUALITY OF LIFE AND FUNCTION IN PEOPLE WITH NEUROLOGIC DIAGNOSES

*Jaclyn Schwartz, CTRS, Brian Comly, MS OTR/L, Carol Owens, PT, DPT, GCS, and Elizabeth Watson, PT, DPT, NCS*

**Saturday, Oct. 7 // 8:30 a.m.-10:30 a.m.**

**Earn 2 contact hours (2 General)**

- This course will allow learners to be able to identify various types of assistive technology that increase patient independence
- Have a basic understanding of the concept of 3D printing and its potential applications and challenges in physical therapy
- Identify the benefits of continued exercise following a neurological injury
- Understand different equipment and technology used in Magee's wellness programs
- Describe the components of the Gaining Ground Program at Magee

## MOVING FORWARD: MAKING SENSE OF THE DATA WE COLLECT TO ENSURE BETTER CARE

*Robert Latz, PT, DPT, CHCIO, CDHE, FCHIME*

**Saturday, Oct. 7 // 11:30 a.m.-1:30 p.m.**

**Earn 2 contact hours (2 General)**

- This course will allow participants to describe at least two examples of the benefits of data collection related to physical therapy
- State at least two ways wearable data might be used in our evaluation of movement within physical therapy
- Describe the meaning of AI as Augmented Intelligence vs Artificial Intelligence
- Explore the awareness of unintended data bias within clinical decision support tools
- Explain the importance of human auditing of algorithmic data over time
- Discuss how the presentation of data influences others- and ourselves

## HEADACHE: A PHYSICAL THERAPIST DIFFERENTIAL DIAGNOSIS (PART 1)

*Tim Bayruns, PT, DPT, OCS, CSCS, Robert Lontz, MSPT, MBA, OCS, Cert. MDT and Kelley Limbuan, PT, DPT, NCS*

**Saturday, Oct. 7 // 11:30 a.m.-1:30 p.m.**

**Earn 2 contact hours (.5 General and 1.5 Direct)**

- Participants will be able to critically discuss and differentiate between Primary and Secondary Headaches,
- Participants will be able to understand, and describe the contributions of Vestibular components of Headaches, and apply successful interventions to treat this cause of Headaches.
- Participants will be able to understand, and describe the contributions of Temporomandibular components of Headaches, and apply successful interventions to treat this cause of Headaches.
- Participants will be able to understand, and describe the contributions of Cervicogenic components of Headaches, and apply successful interventions to treat this cause of Headaches.
- The Speakers will share with the participants Case examples of Physical Therapy interventions directed at this population

## EXPECTATIONS AND INTERVENTIONS FOR CHILDREN AND ADULTS WITH MEDICAL COMPLEXITY ACROSS THE LIFESPAN (PART 2)

*AnnMarie Stauffer, PT, DPT, and Tanya Myers, PT, DPT, CAS*

**Saturday, Oct. 7 // 11:30 a.m.-1:30 p.m.**

**Earn 2 contact hours (2 Direct)**

- This course will allow participants to define children and adults with medical complexity adults with medical complexity
- Identify appropriate assessments tools for children and adults with medical complexity
- Evaluative Describe interventions for children and adults with medical complexity
- Suggest equipment to enhance participation for children

# SESSION OBJECTIVES

- and adults with medical complexity
- Develop participation-based goals for children and adult with medical complexity

## BALANCING FUNCTIONAL MOBILITY TRAINING WHILE PROMOTING NEURORECOVERY IN THE COMPLEX NEUROLOGIC PATIENT

Erin Freimuth, PT, DPT, NCS, Erin Trudell, PT, DPT, NCS, Susan Detwiler, PT, DPT, NCS, Elizabeth Watson, PT, DPT, NCS

**Saturday, Oct. 7 // 11:30 a.m.-12:30 p.m.**

**Earn 1 contact hour (.5 General and .5 Direct)**

- Participants will be able to translate current evidence in neurorecovery into their practice to maximize functional outcomes.
- Participants will be able to prioritize interventions targeted toward the neurologic population based on the current evidence.
- Participants will be able to identify potential barriers and possible solutions to applying evidence-based interventions to the neurologic population.

## JUST DO IT: COLLECT AND STANDARDIZE YOUR OUTCOME MEASURES. LESSONS LEARNED FROM A REHAB SETTING

Erin Freimuth, PT, DPT, NCS, Erin Trudell, PT, DPT, NCS

**Saturday, Oct. 7 // 12:30 p.m.-1:30 p.m.**

**Earn 1 contact hour (.5 General and .5 Direct)**

- The course will describe the challenges and lessons learned through a performance-improvement outcome measure standardization project.
- Participants will discuss the implementation of the “Core Set of Outcome Measures for Adults with Neurologic Conditions Undergoing Rehabilitation: a Clinical Practice Guideline” published by the Academy of Neurologic Physical Therapy
- Participants will assess barriers to use of outcome measures in the clinic
- Describe a successful plan to increase quality and consistency during implementation of standardized outcome measures in the clinic

## MOVING FORWARD: LEGAL AND ETHICAL ISSUES RELATED TO TECHNOLOGY IN PHYSICAL THERAPY

Robert Latz, PT, DPT, CHCIO, CDHE, FCHIME

Panel Members: Caitlin McGee, PT, DPT, Stephen Carp, MSPT, PhD, GCS, and Mary Ann Wharton, PT, MS

**Saturday, Oct. 7 // 2:30 p.m.-4:30 p.m.**

**Earn 2 contact hours (2 Ethics and Law)**

- Identify digital health related situations when ethical dilemmas might be present

- Discuss the legal and ethical implications of digital health related clinical situations
- Describe the cause of the conflict resulting from the fast development of digital health technologies
- Identify ethical, legal, and useful ways to utilize digital health technologies described in each case scenario
- Identify practical and legal considerations for conducting a telehealth assessment
- Explain what makes a communication platform HIPAA-compliant
- Identify options for mitigating legal and ethical risks with telehealth practice

## HEADACHE: A PHYSICAL THERAPIST DIFFERENTIAL DIAGNOSIS (PART 2)

Tim Bayruns, PT, DPT, OCS, CSCS, Robert Lontz, MSPT, MBA, OCS, Cert. MDT and Kelley Limbauan, PT, DPT, NCS

**Saturday, Oct. 7 // 2:30 p.m.-4:30 p.m.**

**Earn 2 contact hours (.5 General and 1.5 Direct)**

- Participants will be able to critically discuss and differentiate between Primary and Secondary Headaches,
- Participants will be able to understand, and describe the contributions of Vestibular components of Headaches, and apply successful interventions to treat this cause of Headaches.
- Participants will be able to understand, and describe the contributions of Temporomandibular components of Headaches, and apply successful interventions to treat this cause of Headaches.
- Participants will be able to understand, and describe the contributions of Cervicogenic components of Headaches, and apply successful interventions to treat this cause of Headaches.
- The Speakers will share with the participants Case examples of Physical Therapy interventions directed at this population

## ENVIRONMENTAL HEALTH, MINORITY HEALTH AND THE ROLE OF PTS

Maureen Pascal, PT, DPT

**Saturday, Oct. 7 // 2:30 p.m.-4:30 p.m.**

**Earn 2 contact hours (General)**

- Discuss the intersections of environmental health, societal health and physical function.
- Discussion the intersection of environmental health and the health of vulnerable, minority and underserved populations.
- Discuss strategies that can be used by physical therapists to address environmental health and the health of vulnerable populations at individual and population

# SESSION OBJECTIVES

## PROMOTING SKIN PROTECTION AND PRESSURE INJURY PREVENTION FOR THE COMPLEX NEUROLOGIC PATIENT

Caroline Palantino, PT, DPT, CWS, Kiley Cruik, PT, DPT, NCS  
Saturday, Oct. 7 // 2:30 p.m.-4:30 p.m.

**Earn 1 contact hour (.75 General and .25 Direct)**

Participants will be able to:

- Identify strategies to incorporate a wound care PT into the interdisciplinary team
- Identify 3 ways to prevent pressure injuries in the neurological population
- Identify strategies to prevent worsening of current pressure injuries while maximizing functional gains
- Review post flap precautions and sitting guidelines

## INTERDISCIPLINARY APPROACHES TO OPTIMIZING CANCER CARE IN INPATIENT REHABILITATION

Benjamin Ayzenberg, PT, DPT, NCS, Aliah Keirse, PT, DPT, NCS or Colleen Dowd, PT, DPT

Saturday, Oct. 7 // 3:30 p.m.-4:30 p.m.

**Earn 2 contact hours (.75 General and 1.25 Direct)**

In this course, participants will be able to:

- Identify the roles of an interdisciplinary cancer care team at an inpatient rehabilitation facility.
- Discuss the common cancer-related challenges faced by care team, patient, and caregivers in an inpatient rehabilitation setting.
- Describe specific interdisciplinary interventions to address cancer-related challenges.
- Discuss the implementation of Screening and Assessment of Cancer-Related Fatigue Clinical Practice Guideline.

## FOOD AND PHYSIOLOGY ACROSS THE LIFESPAN: NUTRITIONAL FACTORS THAT MAY AFFECT YOUR PATIENTS (PART 1)

Emily Stasko, MPH, RD, LDN, and Jacquelyn Klunk, MS, RDN, LDN  
Sunday, Oct. 8 // 8:30 a.m.-10:30 a.m.

**Earn 2 contact hours (General)**

Participants will be able to:

- Explain basics of nutrition needs across the lifespan, including differences between age groups,
- Understand the role of a dietitian can play as a part of your interdisciplinary care team to improve patient outcomes
- Gain awareness of nutrition considerations that may impact your patients for a variety of disease states

## PHYSICAL THERAPY MANAGEMENT OF THE MEDICALLY COMPLEX GERIATRIC PATIENT (PART 1)

Emily Stasko, MPH, RD, LDN, and Jacquelyn Klunk, MS, RDN, LDN  
Sunday, Oct. 8 // 8:30 a.m.-10:30 a.m.

**Earn 2 contact hours (1 General and 1 Direct)**

Participants in this course will be able to:

- Describe the geriatric patient of years past, present, and future.
- Recognize factors, including but not limited to generational differences, social determinants of health, and legal considerations, that influence health outcomes in geriatric patients.
- Examine and integrate medical data into physical therapy plans of care.
- Understand how a moral, ethical, and/or legal situation could alter physical therapy plans of care.

## PARKINSON'S CLINICAL PRACTICE GUIDELINES (CPG'S) AND PARKINSON'S FREEZING GAIT ANALYSIS. (PART 1)

Jen Brown, PT, DPT & Barrie Greenberg, PT, DPT  
Sunday, Oct. 8 // 8:30 a.m.-10:30 a.m.

**Earn 2 contact hours (2 Direct)**

The attendee will be able to:

- Describe the common presentation and impairments associated with Parkinson's Disease
- Describe the Clinical Prediction Guidelines (CPGs) for Parkinson's
- Using the the Clinical Prediction Guidelines, identify appropriate treatment interventions for individuals with Parkinson's
- Describe evidence based techniques for treating the common impairments (i.e. freezing, festinating gait, rigidity, postural deviations) associated with Parkinson's Disease
- Differentiate evidence based functional outcome tools that can be utilized with clients with Parkinson's Disease, based on stage of Parkinson's
- Describe equipment/devices that could improve the functional mobility for persons with Parkinson's Disease
- Describe the roles of each interdisciplinary team member and describe indications for referral Given case scenarios/ video, describe functional outcome tools and treatment ideas that could be used across multiple physical therapy settings.
- Apply freezing of gait assessments and treatment strategies that can be used with clients with Parkinson's

## FOOD AND PHYSIOLOGY ACROSS THE LIFESPAN: NUTRITIONAL FACTORS THAT MAY AFFECT YOUR PATIENTS (PART 2)

Emily Stasko, MPH, RD, LDN, and Jacquelyn Klunk, MS, RDN, LDN  
Sunday, Oct. 8 // 10:45 a.m.-12:45 p.m.

**Earn 2 contact hours (General)**

Participants will be able to:

- Explain basics of nutrition needs across the lifespan,



# SESSION OBJECTIVES

- including differences between age groups,
- Understand the role a dietitian can play as a part of your interdisciplinary care team to improve patient outcomes
- Gain awareness of nutrition considerations that may impact your patients for a variety of disease states

## PHYSICAL THERAPY MANAGEMENT OF THE MEDICALLY COMPLEX GERIATRIC PATIENT (PART 2)

Julie Skratz, PT, DPT, PhD, CCS and Heather Cronin, PT, DPT, GCS

Sunday, Oct. 8 // 10:45 a.m.-12:45 p.m.

**Earn 2 contact hours (General)**

Participants will be able to:

- Describe the geriatric patient of years past, present, and future.
- Recognize factors, including but not limited to generational differences, social determinants of health, and legal considerations, that influence health outcomes in geriatric patients.
- Examine and integrate medical data into physical therapy plans of care.
- Understand how a moral, ethical, and/or legal situation could alter physical therapy plans of care.

## PARKINSON'S CLINICAL PRACTICE GUIDELINES (CPG'S)

## AND PARKINSON'S FREEZING GAIT ANALYSIS. (PART 2)

Jen Brown, PT, DPT & Barrie Greenberg, PT, DPT

Sunday, Oct. 8 // 10:45 a.m.-12:45 p.m.

**Earn 2 contact hours (Direct)**

The attendee will be able to:

- Describe the common presentation and impairments associated with Parkinson's Disease
- Describe the Clinical Prediction Guidelines (CPGs) for Parkinson's
- Using the the Clinical Prediction Guidelines, identify appropriate treatment interventions for individuals with Parkinson's
- Describe evidence based techniques for treating the common impairments (i.e. freezing, festinating gait, rigidity, postural deviations) associated with Parkinson's Disease
- Differentiate evidence based functional outcome tools that can be utilized with clients with Parkinson's Disease, based on stage of Parkinson's
- Describe equipment/devices that could improve the functional mobility for persons with Parkinson's Disease
- Describe the roles of each interdisciplinary team member and describe indications for referral Given case scenarios/ video, describe functional outcome tools and treatment ideas that could be used across multiple physical therapy settings.
- Apply freezing of gait assessments and treatment strategies that can be used with clients with Parkinson's

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APTA PA Special Interest Groups (SIGs) are state-wide volunteer organizations that bring together any member of APTA PA who share an interest in the evidence-based care as a physical therapist or physical therapist assistant.

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- Acute Care
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- Neurology
- Pediatrics
- Private Practice
- Physical Therapy Assistant (PTA)
- Student



# SPEAKER BIOS

## **MORGAN ALCOTT, PT, DPT, PCS**

Morgan Alcott is an outpatient physical therapist at Children's Hospital of Philadelphia. Morgan works in the Cerebral Palsy Clinic and Advanced Tone Management Clinic. Morgan is an APTA Credentialed Clinical Instructor, and Board Certified Clinical Specialist in Pediatric Physical Therapy. She received a Bachelor of Science in Kinesiology from Pennsylvania State University in University Park, Pennsylvania and a Doctor of Physical Therapy from Widener University in Chester, Pennsylvania.

## **BEN AYZENBERG, PT, DPT, NCS**

Ben Ayzenberg is a Board-Certified Clinical Specialist in Neurologic Physical Therapy who practices with the spinal cord injury team at Magee Rehabilitation Hospital in Philadelphia. Ben is the chair of Magee's hospital-wide Cancer Care Committee, which continuously seeks to improve care and resources provided to people with cancer, their families and caregivers, and staff. He has experience in the acute care and outpatient settings, as well, and utilizes his experiences to foster interdisciplinary teamwork to help meet the needs of challenging patient populations.

## **TIMOTHY J. BAYRUNS, PT, DPT, OCS, CSCS**

Timothy J. Bayruns received his Bachelor of Science in Physical Therapy from Kean University/University of Medicine and Dentistry in 1984, and his Doctor of Physical Therapy from Arcadia University in 2003. He has over 38 years of PT experience in Orthopedic Care, and is an American Physical Therapy Association (APTA) Board Certified Orthopedic Specialist. Through the National Strength and Conditioning Association (NSCA), is a Certified Strength and Conditioning Specialist. Tim helped develop the Orthopedic Residency Program at Good Shepherd Penn Partners. He is active in performing research, and has presented locally, and on the National Level. Dr. Bayruns assists in Physical Therapy Education at Arcadia University, Thomas Jefferson University, St Joseph's University (University of the Sciences), and Montgomery County Community College. The American Physical Therapy Association of New Jersey's (APTANJ) recognized Bayruns for his contribution to the physical therapy education by honoring him with the 2017 James Tucker Excellence in Clinical Practice and Teaching Award. His particular specialty is Spine, Headache, and Temporomandibular Disorder care and treatment. He currently renders care at the Cherry Hill, New Jersey Penn Medicine Center for Good Shepherd Penn Partners.

## **JENNIFER BROWN, PT, DPT**

Dr. Brown earned a Master's degree in Physical Therapy from Springfield College and her Doctorate in Physical Therapy from Temple University. She obtained her Geriatric Clinical Specialist certification in 2008, focusing primarily on Parkinson's Disease due to personal connections – her grandfather and uncle both having PD. In 2011, Dr. Brown founded Dynamic Home Therapy,

where she serves as CEO and actively provides physical therapy services and group classes to clients alongside her team. Dynamic Home Therapy offers PT, OT, and SLP neuro-rehabilitation services within the Philadelphia suburban region. Additionally, she opened Dynamic NeuroFit, a neurological outpatient rehab and wellness site in Berwyn in 2021. Dr. Brown is certified in LSVT BIG for Parkinson's, Rock Steady Boxing for Parkinson's, and PWR (Parkinson's Wellness Recovery). She became certified in the Allied Team Training Program under the Parkinson's Foundation in 2021. Dr. Brown has spoken locally and nationally for the American Physical Therapy Association, PD support groups, and continuing education events. She has been an adjunct faculty member at Harcum College and Drexel University. Serving as Vice Chair of the Local PA chapter of the Physical Therapy private practice section of the American Physical Therapy Association, her practice received the private practice award in PA in 2019, the Small Business Association of Chester and Delaware County's small business achievement award in 2018, and Chester County PT practice of the year for 2022. Outside of her professional life, Dr. Brown enjoys staying active with her husband and three teenagers, engaging in activities such as yoga and hiking.

## **STEPHEN CARP, MSPT, PHD**

Stephen Carp is currently Associate Professor in the Doctor of Physical Therapy Program at DeSales University. He maintains an acute care practice in a Philadelphia hospital. His undergraduate and master's degrees are in Physical Therapy and his PhD is in Motor Control. He is a board-certified Geriatric Specialist. He teaches in the areas of Geriatrics, Motor Control, Clinical Medicine, Professional Development, Management of Physical Therapy Practices, and Research. His areas of research interest include: effectiveness of non-government support of the poor, doctoral program admissions, immigration medicine, and exercise and its relationship to cognition and fall-risk. Dr. Carp is an active member of the APTA and APTA-PA.

Dr. Carp has authored over 15 peer-reviewed publications. He has published two textbooks with the most recent: Foundations: An Introduction to Physical Therapy, published in January of 2019 by Thieme, Inc and is a chapter contributor to three additional textbooks.

## **BETH CARR PT, DPT, CWS, FMSK**

Beth Carr attended Slippery Rock University and graduated with a Bachelor of Science degree in Exercise Science and a minor in Adapted Physical Activity and Rehabilitation in 1998. She continued her education at Slippery Rock University, earning her Doctorate of Physical Therapy degree in 2001. Beth began her physical therapy career in 2001 at Meadville Medical Center, where she specialized in workplace ergonomics, pediatrics, and wound care. She went on to earn her certification in wound care as a Certified Wound Specialist, CWS, in 2004. She has worked in various settings in Physical

# SPEAKER BIOS

Therapy including long-term care, inpatient, and outpatient. Beth is a member of the American Physical Therapy Association, Pennsylvania Physical Therapy Association, and the Association for the Advancement of Wound Care. Beth has completed extensive coursework under the nationally recognized Hands-on Diagnostics fellowship program, completing her fellowship in Musculoskeletal Ultrasound in the Fall of 2021. She is now performing Musculoskeletal Ultrasound diagnostic testing at the Franklin location. Beth has also become certified as LSVT BIG clinician for treatment of Parkinson's patients since 2019.

## **COLLEEN CHANCLER, PT, MHS, PHD**

Colleen Chancler is an Assistant Professor in the Institute for Physical Therapy Education at Widener University in Chester, PA. Dr. Chancler teaches Cardiopulmonary, Neurology and Medically Complex courses in the DPT curriculum. She graduated from the University of Scranton in 1986 with a BS in Physical Therapy, from Drexel University in 2005 with a Master's in Health Services and from Seton Hall University in 2017 with her PhD. Dr. Chancler has completed research on the effects of hospitalization on older adults being discharged home and presented these findings in several peer reviewed meetings. She is the co-author of a book chapter on Neurology and Neurosurgical Management in Physical Therapy in Acute Care: A Clinician's Handbook. She has been an active member of the Pennsylvania Physical Therapy Association (APTA PA) since 1982 and has served in many positions at the district, state and national level. She has served in the American Physical Therapy (APTA) on committees and tasks forces and has been elected to serve in the House of Delegates (HOD) since 1997 to present. She was elected to the APTA Board of Directors and will begin her term of office in January 2024. Dr. Chancler has received the APTA Henry O. and Florence P. Kendall Practice Award, the Lucy Blair Service Award, the Outstanding PT Alumni Award from the University of Scranton and the Outstanding Service Award from Widener University.

## **BRIAN COMLY, M.S., OTR/L**

Brian Comly is an occupational therapist who has practiced for 14 years in adult rehab at Magee Rehabilitation Hospital. With 14 years of practice at Magee Rehabilitation Hospital, he has worked extensively with patients diagnosed with SCI, CVA, GBS, and orthopedic conditions, both in inpatient and outpatient settings. As the leader of Magee's 3D Printing Program, Brian spearheads the development of innovative designs to enhance patients' growth and independence. He also collaborates with other community groups interested in 3D printing, reinforcing Magee's commitment to delivering high quality patient care.

## **HEATHER CRONIN, PT, DPT, GCS**

Heather Cronin is an Assistant Professor of Practice (Associate Director of Hybrid Clinical Education) Heather earned her BS and DPT degrees from Temple University

and went on to complete the Geriatric Residency Program at FOX Rehabilitation. Heather has been an APTA board-certified Geriatric Clinical Specialist since 2012, has completed the Certified Exercise Expert for the Aging Adult, and is an Advanced Credentialed Clinical Instructor. She has spent most of her career involved in the student programming at FOX Rehabilitation, acting as the SCCE from 2018 through 2022. In addition, she has taught geriatric content at Temple University and Drexel University DPT programs for the last 5 years, was involved in mentorship for the FOX Geriatric Residency program, and has experience presenting at national and local conferences. Heather is a proud mom of 4 young children and has a soft spot for adopting animals on her small farmette in New Hope, PA.

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*Coming soon!*



# SPEAKER BIOS

## **KILEY CRUIT, PT, DPT, NCS**

Kiley graduated from Drexel University in 2015 with a Doctorate in Physical Therapy. At that time, she began working at Magee Rehabilitation Hospital where she has had the opportunity to treat a variety of neurological diagnoses in both the acute inpatient rehab and outpatient settings. She currently works as the Advanced Clinician PT in Magee's inpatient seating clinic. In this position, she evaluates and problem solves client's seating needs to promote independence and ensure wheelchair comfort, functionality and safety.

## **SUSAN DETWILER, PT, DPT, NCS**

Susan Detwiler is currently the Advanced Clinician on the Stroke Unit at Magee Rehabilitation Hospital in Philadelphia, PA. She graduated with a Doctorate in Physical Therapy from Northeastern University in 2009. She has over 14 years of inpatient rehabilitation at both Kessler Rehab and Magee Rehab with experience entirely with the neurological population. Over these years, Dr. Detwiler has been trained, become proficient in, and now assists with courses related to the use of multiple modalities: manual and robotic locomotor training, Bioness Vector, EKSO, Functional Electrical Stimulation LE bike, and Xcite Functional Electrical Stimulation system. Dr. Detwiler became a board certified neurology specialist in 2015.

## **COLLEEN DOWD, PT, DPT**

Colleen Dowd received her Doctorate in Physical Therapy from Northeastern University. She has primarily worked in the inpatient rehabilitation and outpatient neurological setting with a specialty in brain injury, concussion, vestibular rehabilitation, and injury prevention. She currently practices with the brain injury team at Magee Rehabilitation Hospital in Philadelphia and is a member of the Cancer Care Committee. Her extensive experience and knowledge of physical therapy and wellness are combined with a sincere dedication to help patients and caregivers navigate through difficult injuries.

## **ERIN FREIMUTH PT, DPT, NCS**

Erin Freimuth is currently the Physical Therapy Supervisor on the Spinal Cord Injury Unit at Magee Rehabilitation Hospital in Philadelphia, PA. Dr. Freimuth graduated with a Doctorate in Physical Therapy from Ithaca College in 2007. She has 16 years of inpatient rehabilitation experience serving on all inpatient units of Magee Rehabilitation Hospital over the course of her career: General Rehabilitation, Spinal Cord Injury, and Stroke and Brain Injury. Over these years, Dr. Freimuth has been trained and become proficient in the use of multiple modalities: manual and robotic locomotor training, Bioness, Vector, Functional Electrical Stimulation LE Bike, and Bioness L300 Go. Dr. Freimuth achieved the status of Board Certified Neurologic Clinical Specialist (NCS) in 2011. Dr. Freimuth is committed to improving the care and functional outcomes for the clients she serves, and has participated in and led several interdisciplinary

teams throughout her career focusing on process improvement to achieve that end.

## **SUSAN GERHARD, PT, DPT**

Susan Gerhard received her Bachelor of Science degree in Physical Therapy from Beaver College, Arcadia University in 1988. She completed her transitional Doctor of Physical Therapy from Arcadia University, 2007. She provides direct client care in acute care hospitals, outpatient clinics and client's most natural environments. In addition to her clinical responsibilities, she assists teaching at local universities in various areas of physical therapy evaluation, examination, assessment and implementation of hands-on clinical interventions. She initiated and implemented an optimal functioning program for employees at United Cerebral Palsy Association which decreased workplace injuries and worker compensation claims by 80%. She promotes networking and utilizing a team approach to improving function and efficiency of movement. Collaboration among clinicians focusing on improving population health and state of wellness is a special interest worthy of time and special projects. Susan is involved in the Physical Therapy association at the national, state and district level. She has served as a Pennsylvania delegate in the APTA House of Delegates for more than 7 years. As the Aging Liaison for the Commonwealth of Pennsylvania collaborating with Connect PA, she developed and encouraged Falls Prevention Awareness programs in each District. She is currently serving as the Pa South Central District Chair and a Chapter Board Director, leading Pennsylvania PTs, PTAs and students to transform society through movement. Ongoing moving, strong supportive social interactions and continuing learning are imperative for optimal health and function of our communities and the Nation. Susan is the leader encouraging quality communities to keep moving forward and onward!

## **NOA GOODMAN, DPT, WCS, CLT-LANA**

Dr. Noa S. Goodman (she, her) is a physical therapist at UPMC Centers for Rehab Services in Squirrel Hill, in the Department of Women's Rehab and Men's Health. Dr. Goodman's areas of specialization include Trauma-Informed Care, LGBTQIA+ care and education, pelvic pain, genito-urinary and bowel dysfunction, antepartum and postpartum care, oncology rehab, and lymphedema. Dr. Goodman serves on the Medical Education Committee for the International Pelvic Pain Society and is active in the APTA Academy for Pelvic Health and Academy for Oncology Physical Therapy. Dr. Goodman is currently collaborating with clinicians in research at the University of Pittsburgh, division of Urogynecology and Pelvic Reconstructive Surgery. Dr. Goodman educates students from the University of Pittsburgh Medical Students Women's Health Track and University of Pittsburgh Internal Medicine Residents about the field of Pelvic Health. Dr. Goodman created and taught courses for her department on Trauma-Informed Care,

# SPEAKER BIOS

Transgender Care, and Male Pelvic Floor Physical Therapy and is currently developing training and curricula on Gender-Affirming Care for rehabilitation specialists.

Dr. Goodman completed her Doctoral degree from the University of Colorado, Anschutz Medical Campus in 2018. Prior to being a physical therapist, Dr. Goodman taught health education to teenagers, taught yoga, dance, and Pilates, and co-owned a Pilates studio in San Francisco.

## **BARRIE GREENBERG, PT, DPT**

Dr. Greenberg holds a Bachelor of Arts degree in Behavioral Neuroscience from Lehigh University and a Doctor of Physical Therapy degree from Arcadia University. She participated in a multi-site research study led by Arcadia University. She specializes in neurological rehabilitation across various care settings—acute care, acute rehab, outpatient, and home care. Dr. Greenberg is certified in LVST BIG, PWR! (Parkinson's Wellness Recovery for Parkinson's Disease), Rock Steady Boxing, and Tai Chi for Rehabilitation. Dr. Greenberg became certified in the Allied Team Training Program under the Parkinson's Foundation in 2021. She practices full-time at Dynamic Home Therapy and NeuroFit, where she serves as the wellness lead PT, and she designs and implements physical therapy interventions for neurological conditions. She belongs to the local movement disorder professional group in Philadelphia and runs both in-personal and virtual Parkinson's exercise classes. Dr. Greenberg has presented at both regional and national conferences, including with the Annual Rock Steady Boxing Conference and at Harcum College on the Clinical Prediction Guidelines for Parkinson's. In her spare time, Barrie enjoys watching sports and spending time with her 2 boys and husband.

## **ROGER HERR, PT, MPA**

Roger Herr is VP VNSNY Home Care at VNS Health in NYC. A distinguished health care leader over 35 years' experience in post-acute care, quality reporting, health plan and rehabilitation. Roger has implemented multiple post-acute care regulatory changes in home health, hospice and long term care. He has lived and worked in New York, Washington, California and Pennsylvania. He has served multiple federal technical expert panels and appointments in quality and policy reform. Roger is currently President of APTA and has twenty years board experience in the American Physical Therapy Association (APTA) specialty sections, state chapters and national board of directors.

## **AMY HUMPHREY, PT, DPT, OCS, MTC**

Dr. Amy Humphrey is a professor in the Doctor of Physical Therapy Program at Messiah University. Her primary teaching responsibilities are in the musculoskeletal curriculum as well as in research. Amy received her Master's degree in Physical Therapy at Widener University in 2002. She continued her

education at the University of St. Augustine for Health Sciences, graduating with a Doctorate degree in Physical Therapy in 2008. She is currently working on her PhD in Rehabilitation and Movement Science at Azusa Pacific University. She became board certified as a Clinical Specialist in Orthopedic Physical Therapy in 2008 and was recertified in 2016. She also earned her Manual Therapy Certification from the University of St. Augustine for Health Sciences in 2007. Currently, Amy maintains her clinical outpatient physical therapy practice at Drevna-Hudson Physical Therapy Associates in Lancaster, PA where she mostly sees patients with a background in the performing arts.

Jacquelyn (Jackie) Klunk, MS, RDN, LDN [she/her/hers]

Jackie Klunk is an outpatient dietitian with the UPMC Presbyterian Outpatient Nutrition Services team. She received her Bachelor of Science in Nutrition and Dietetics from the University of Pittsburgh in 2016, followed by her Master of Science in Nutrition and Dietetics at the University of Pittsburgh in 2018. She has worked at UPMC Presbyterian for five years. She started in an inpatient role, working with patients from all units across the large hospital campus. She has spent the last four years in the outpatient setting, counseling patients in the UPMC Benedum Geriatrics Center, UPMC Adult Spina Bifida Clinic, UPMC ALS Clinic, UPMC Pulmonary Rehab Clinic, and the UPMC Presbyterian general outpatient nutrition counseling office. She also works with patients in the heart, lung, kidney, and liver transplant clinics, the Transitional Dialysis Unit, and the outpatient thoracic surgery division as needed.

## **ROBERT LATZ DPT, CHCIO, CDHE, FCHIME**

Robert Latz, PT, DPT, CHCIO is the Chief Information Officer for Trinity Rehabilitation Services, which improves human function by providing contracted therapy services in Post-Acute Care (PAC) settings. He is a past Board Member of the APTA Academy of Leadership and Innovation and past President of the Technology Special Interest Group. He is co-Chair of the TechnoPalooza Planning Committee and a member of several sections/academies within APTA.

Outside of APTA, Dr. Latz is the Chair of the HIMSS LTPAC Committee and a member of the CHIME Policy Steering Committee. He is also active in the LTPAC HIT Collaborative, the LTPAC CIO Consortium, and the APTA PAC Workgroup. Dr. Latz is a Board Member of ADVION, previously called the National Association for the Support of Long-Term Care, where he is also Chair of the Digital and Telehealth Workgroup. Recently, he became Certified as a Digital Health Executive.

In these roles and others, Dr. Latz is on a quest to further integrate technology appropriately in healthcare to improve health and wellness in our world.

# SPEAKER BIOS

## **KELLEY LIMBAUAN, PT, DPT, NCS**

Kelley Limbauan earned her Doctorate of Physical Therapy from Arcadia University. She is a board certified clinical specialist in neurologic physical therapy, and she is the program director for Good Shepherd Rehabilitation's Neuroresidency. She currently practices in Good Shepherd's outpatient neurorehabilitation center, where she is working with a grant to expand vestibular rehabilitation programming throughout the network.

## **ROBERT LONTZ, MSPT, MBA, OCS, CERT. MDT**

Robert is a 1996 graduate of Arcadia University and has spent the majority of his career focusing on outpatient orthopedics. He is currently a Fellow in Training at Regis University with an anticipated completion in June 2023. He received his McKenzie Mechanical Diagnosis and Treatment Certification in 2000 and earned the Isernhagen Certification in the performance of Functional Capacity Evaluations in 2003. He became a Certified APTA Clinical Instructor in 2006. He earned his MBA from Colorado State University in 2010 and his Board Certification as an Orthopedic Clinical Specialist in 2014. He currently practices with Good Shepherd / Penn Partners in the north Philadelphia suburbs. He enjoys participating in educational endeavors most notably as a visiting consultant for the Ministry of Health and Prevention of the United Arab Emirates and as adjunct faculty for Thomas Jefferson University and Arcadia University.

## **CAITLIN MCGEE PT, DPT**

Dr. Caitlin McGee is a physical therapist with a background in neuroscience and exercise/sport science. She received her doctorate in physical therapy from the University of Delaware, concurrently completing a Master's Degree in Anatomy and Clinical Health Sciences. She is one of the foremost experts in the developing field of esports medicine, where she works with athletes, coaches, teams, organizations, and schools to improve health and performance in esports, utilizing a holistic approach and drawing on established, evidence-based principles of sport science and other analogous research fields. As the co-owner of 1HP, an esports and gaming health and performance company, she has contributed significantly to the growth and development of health and performance infrastructure in esports. She is the co-editor of the first-ever clinical textbook on esports injuries, published by Springer in 2021, and is also published on the topics of tendinopathies in video gaming and the role of physical therapists in esports.

## **TANYA MYERS, PT, DPT, CAS**

Tanya Myers graduated from Northeastern University and Massachusetts General Hospital Institute of Health Professions. She has practiced for over 30 years and has spent most of the time in pediatrics. She currently practices as a school-based physical therapist where she collaborates with students, families, teachers, and staff to serve children ages children. She has also worked at a local outpatient facility where she provides services in the home and community for children with

SMA. She has lectured at several universities on topics including providing physical therapy services for children with low vision and sensory needs. Tanya is an active member of the Lititz AMBUCS, the APTA-PA, and the APTA as well as serving on the APPT-School-based SIG Subcommittee- Children with Medical Complexity.

## **MORGAN ONINK, PT, DPT, OCS**

Dr. Onink earned both her Bachelor of Health Science and Doctor of Physical Therapy degrees from Saint Francis University in 2016 and 2019, respectively. In 2022, she became a Board Certified Orthopedic Clinical Specialist. A particular focus of her orthopedic practice is foot health, including proper shoe wear and running mechanics as well as the role of the foot in comprehensive rehabilitation of the lower extremity. She is passionate about sharing her knowledge and experience with community members, students, and fellow clinicians as she continues her personal journey of lifelong learning. Outside of physical therapy, she enjoys spending time with loved ones, being in nature, and remaining physically active.

## **CAROL OWENS, PT, DPT, GCS**

Carol Owens, PT, DPT, GCS is a physical therapist who has practiced for 33 years in neurological rehabilitation at Magee Rehabilitation Hospital. She received her clinical specialty in Geriatrics in 1999 and has served as adjunct faculty at multiple Philadelphia area universities. Carol assisted in developing the Wellness Center at Magee Riverfront Outpatient Therapy Center and has a passion for facilitating Wellness in people of all ages and abilities.

## **CAROLINE PALANTINO, PT, DPT, CWS, CLT**

Caroline received her Doctorate of Physical Therapy from Temple University in 2015. Since then she has been working as a physical therapist at Magee Rehabilitation Hospital. She initially started treating patients with neurologic conditions including spinal cord injury, brain injury, and stroke. She then went on to specialize in wound care earning her CWS in 2020, and works closely with the wound care department treating neurologic patients with wounds, specifically pressure injuries. She has lectured to the medical residents at Magee/Jefferson regarding wound care treatments and pressure injuries. Caroline most recently completed the CLT certification course with the Norton School of Lymphatic Therapy and is looking forward to integrating her lymphedema and wound care knowledge for the complex neurologic patients she serves.

## **ANNE W PARÉ, CERTIFIED ORTHOTIST**

Anne W Paré, Certified Orthotist is currently employed by Surestep, an international manufacturer of orthotic devices as a Clinical Researcher & Educator. She was the founder of Hope Orthotics, a pediatric orthotic clinical practice in the Houston area which later became Transcend O&P and is now a part of Hanger Clinics. Anne graduated from University of Texas

# SPEAKER BIOS

Southwestern Allied Health Sciences School in 1993; she completed a pediatric internship at Texas Scottish Rite Hospital in Dallas in 1994. She worked as a staff orthotist at The Institute for Rehabilitation and Research (TIIR) in Houston, Texas before opening Hope Orthotics. For over 30 years, Anne has specialized in pediatrics, spinal cord, and brain injury, working closely with many therapists and healthcare professions to provide superior service and quality care to the Greater Houston area. Anne has been active in Texas, National and International Conferences in Orthotics and Prosthetics and has spoken about the orthotic management of the pediatric patient on many occasions. Anne's current clinical focus is tracking outcomes in children using Surestep products, the development of new products and creating and presenting educational courses for physical and occupational therapists and orthotists for Surestep.

## **MAUREEN PASCAL, PT, DPT**

Maureen Pascal is an associate professor at Misericordia University in Dallas, PA, where she has taught courses in neuromuscular rehabilitation, medical conditions, management of complex patients, professional issues, health disparities and global health, and has gained firsthand knowledge while working with PTs in South America the Caribbean, and Africa. She is the director of the university's pro bono physical therapy clinic and has been a board-certified clinical specialist in neuromuscular PT since 1999. She has been a member of APTA-PA's Minority Affairs Committee since 2020, and the Environmental Physiotherapy Association since 2021. is an associate professor at Misericordia University in Dallas, PA, where she has taught courses in neuromuscular rehabilitation, medical conditions, management of complex patients, professional issues, health disparities and global health, and has gained firsthand knowledge while working with PTs in South America the Caribbean, and Africa. She is the director of the university's pro bono physical therapy clinic and has been a board-certified clinical specialist in neuromuscular PT since 1999. She has been a member of APTA-PA's Minority Affairs Committee since 2020, and the Environmental Physiotherapy Association since 2021.

## **JACLYN SCHWARTZ, CTRS**

Jaclyn Schwartz is a Certified Therapeutic Recreation Specialist who practices on the spinal cord injury team at Magee Rehabilitation Hospital. She has been a CTRS for 8 years, with additional experience working with stroke, brain injury, and pediatrics. Jaclyn participates on the Assistive Technology Committee at Magee which strives to increase patient independence through access and education regarding technology.

## **JULIE SKRZAT PT, DPT, PHD, CCS**

Julie M. Skrzat PT, DPT, PhD, CCS Julie M. Skrzat is an Assistant Professor in the Department of Physical Therapy at Arcadia University in Pennsylvania. She earned her BS, MS, and DPT degrees from Ithaca College, and PhD from Temple University. She has been an APTA board certified Cardiovascular and Pulmonary Specialist since 2015. Julie's clinical practice has primarily been in acute care

hospital settings, particularly the ICU. Her research agenda focuses on optimizing patient outcomes in the acute care setting and simulation and interprofessional experiences in physical therapy education. Her work has been presented at local, state, and national conferences, and published in various textbooks and journals. She proudly serves the APTA's Academy of Cardiovascular and Pulmonary Physical Therapy.

## **REBECCA SMITH, PT, MS, CCS, GCS**

Becky Smith is a physical therapist at the VA Pittsburgh Healthcare system. She went to PT school at the University of Pittsburgh and also obtained her Advanced Master's in Physical Therapy at the University of Pittsburgh. She is a board-certified geriatric and cardiopulmonary physical therapist. She works in Phase 1 and 2 cardiac rehab and pulmonary rehab. She is also the creator of the Home Based COVID rehabilitation program at VA Pittsburgh and shared with VAs across the country. She has presented her work in cardiac and COVID rehabilitation to local and national audiences.

## **ANNMARIE STAUFFER, PT, DPT**

AnnMarie graduated from the University of Pittsburgh and Drexel University. She has practiced for over 32 years, and has been in school-based PT for 25 years. She currently works for the Lancaster Lebanon Intermediate Unit in PA, is a clinical instructor, and sees students with a variety of diagnoses and medical needs. Serving as a leader in the APTA she is the APTA-PA Southcentral District Director and the Pediatric Special Interest Group Secretary, and the APPT liaison for the School and Adolescents Adults Diverse Abilities Special interest Groups. She is a member of the APPT School-based SIG Subcommittee: Children with Medical Complexity.

## **EMILY TASKO, MPH, RD, LDN**

Emily received her Bachelor of Science in Nutrition from Seton Hill University and her Master of Public Health with a concentration in Nutrition from Liberty University. She has worked at UPMC for five years, and currently works at UPMC Outpatient Nutrition Services in Oakland where she has worked for the past four years. She spends the majority of her time working with the multidisciplinary teams at UPMC's Total Care Musculoskeletal Health clinic and UPMC's Program for Spine Health clinic. She additionally works with patients who have kidney stones and those who are undergoing cardiothoracic transplant.

## **EDWARD ST CLAIR PT, DPT, CHT**

Eddie has dedicated most of his life to helping people feel better, move better and live better. Eddie entered the medical field in 1988 when he was trained as a field medic in the United States Air Force helping injured soldiers. After completing his enlistment, he continued his education in Atlanta and earned a degree as a Physical Therapist Assistant. He specialized in the treatment of patients with traumatic brain injuries, stroke, and spinal cord injuries. Wanting to do more as a dedicated healthcare worker, he returned to Georgia State University to earn his Bachelor of Science degree as a Physical



# SPEAKER BIOS

Therapist. Eddie then moved to Franklin in 1999 and established West Park Rehab. While in practice, Eddie earned his Clinical Doctorate degree in Physical Therapy from Temple University in December of 2006. Most recently, Dr. St. Clair completed a rigorous course of study involving the upper extremity and then passed a national exam to earn his board certification in hand therapy. "This is my passion, my mission, and my honor to help members of my community with problems that involve their hands and arms."

## **BILL STODART, PT, DPT, OCS**

Dr. Stodart received his Bachelor of Science degree in Physical Therapy from University of Pittsburgh in 1989 and his Doctor of Physical Therapy degree from Chatham University in 2007. He became a Board Certified Orthopedic Clinical Specialist in 2008; recertifying in 2016. He currently holds the rank of Associate Professor of Physical Therapy at St. Francis University where he has taught musculoskeletal content full-time since 2011. His primary teaching focus is extremity and spinal orthopedic management. He continues active clinical practice at a local outpatient facility. In addition to his teaching commitments, he enjoys running, weight-training, and recreational sports.

## **ERIN TRUDELL, PT, DPT, NCS**

Erin Trudell is currently the Physical Therapy Supervisor on the Brain Injury Unit at Magee Rehabilitation Hospital in Philadelphia, PA. She graduated with a Doctorate in Physical Therapy from Thomas Jefferson University in 2007. She has 15 years of inpatient rehabilitation experience entirely with the neurological population. Over these years, Dr. Trudell has been trained, become proficient in, and now leads courses related to the use of multiple modalities: manual and robotic locomotor training, Bioness, Vector, EKSO, Functional Electrical Stimulation LE bike, and Bioness L300 Go. Dr. Trudell became a board certified neurology specialist in 2011. She has been in a leadership role for the last 13 years and the supervisor for the Brain Injury Unit for the last 7 years. Dr. Trudell has participated in and led several programmatic and hospital-wide initiatives to improve care and to better patient outcomes. Most recently, she, along with the members of the implementation team, led a multi-year outcome measure project in which reliability of two StrokEDGE recommended standardized outcome measures were analyzed and improved upon. This work was presented in a session presentation at the NEXT conference in 2018. Additionally, she, and the above mentioned group, are leading a high intensity gait training initiative at Magee Rehabilitation Hospital with the goal of effectively translating the evidence for high intensity gait training into practice. This work was presented via a poster at the Combined Sections Meeting in February 2023.

## **MARY ANN WHARTON, PT, MS**

Mary Ann Wharton is Adjunct Faculty in the Physical Therapist Assistant program at the Community College of Allegheny County, Pittsburgh, PA and Faculty for the UPMC Rehabilitation Institute Geriatric Residency. She is a physical therapy graduate of Ithaca

College, and received a Master of Science degree from the University of Pittsburgh. She served on the Pennsylvania Physical Therapy Association's Ethics Committee for 26 years and as Chair for 24 years and currently serves as Chair of APTA-Pennsylvania's Practice & Research Committee. Mary Ann has been an invited speaker on ethics and legal issues APTA's Ethics and Judicial Committee, at APTA Combined Sections Meetings, and at APTA-Pennsylvania Chapter meetings. She has authored three book chapters addressing ethical issues in physical therapy and also authored a self-study monograph addressing end of life ethics that is currently published on the APTA Learning Center. She has also published over 40 articles on ethics and legal issues in various publications, including the APTA-PA (PPTA) Newsletter, GeriNotes, and Topics in Geriatric Rehabilitation.

## **ELIZABETH WATSON, PT, DPT, NCS**

Liz graduated from Temple University in 2001 with her Masters in Physical Therapy. She continued her education at Temple and received her Doctorate in PT in 2005. She has extensive experience working in neurological rehabilitation and became board certified as a Clinical Specialist in Neurology in 2007.

She currently works as the Supervisor in the Locomotor Training Clinic at Magee Rehabilitation. Liz guest lectures for many Philadelphia area universities, teaches locomotor training and robotics for neurological residency programs and continuing education courses.

# HOTEL INFORMATION

## LANCASTER MARRIOTT AT PENN SQUARE

25 South Queen Street  
Lancaster, Pennsylvania 17603

### RESERVATIONS

(717) 239-1600 – Ask for APTA PA room block  
– OR –

### Book Online

Book online using the unique  
[APTA PA hotel booking link](#).

### APTA PA ANNUAL CONFERENCE ROOM RATES

\$199 per night, plus tax



### RESERVATION DEADLINE

Sept. 11, 2023\*

*\*The APTA PA Annual Conference block is NOT guaranteed through the deadline of Sept. 11, 2023. Once the block sells out, rooms will be available on a "space and rate availability basis" and the discounted conference rate will NOT be guaranteed. It is advised that you make your hotel arrangements as soon as possible.*

### HOTEL INFORMATION

Check-in: 4:00 p.m.

Check-out: 12:00 p.m.



Central to Downtown Lancaster and beautifully integrated with a world-class convention center, Lancaster Marriott at Penn Square offers a prime location in Lancaster City within walking distance to full-time entertainment and trendy dining. This historic Lancaster, Pennsylvania, hotel offers amenities discerning guests expect - featuring elegant interiors, impeccable service and dining, as well as remarkable architecture and history, including a preserved section of the Underground Railroad. Brand new, upscale guestrooms offer sweeping city views, LCD TVs, granite countertops, and lavish bedding. Just steps away in Downtown Lancaster, guests can explore over 90 art galleries, a burgeoning food scene, shopping, and historic landmarks including one of the largest National Historic Register Districts in the country. Depart from ordinary hotels and discover the illustrious Lancaster.

## Housing Booking Alert

The APTA PA Annual Conference is NOT affiliated with a housing company. Please be careful if approached by any company or service claiming to be an official housing provider for APTA PA Annual Conference. APTA PA offers the guaranteed lowest rate available. In the past, the APTA PA has been made aware of travel companies that are entirely fraudulent, misleading exhibitors and attendees with false information. Please note that you can ONLY book a room in the APTA PA Annual Conference block by using the booking information on this page or at [aptapa.org](http://aptapa.org). If you are contacted by a housing company trying to sell hotel rooms for this conference, please contact APTA PA Annual Conference management at 412-871-3406 x 104.

# REGISTRATION INFORMATION

Registration Types	Early Bird Pricing Before Sept. 18 <sup>1</sup>	Regular Pricing After Sept. 18
PT Member <sup>3</sup> Full – Conference	\$335	\$385
PT Member <sup>3</sup> – One Day (Friday or Saturday)	\$195	\$195
PTA Member <sup>3</sup> – Full Conference	\$225	\$270
PTA Member <sup>3</sup> – One Day (Friday or Saturday)	\$135	\$135
PT Non-Member – Full Conference	\$480	\$550
PT Non-Member – One Day (Friday or Saturday)	\$270	\$270
PTA Non-Member – Full Conference	\$330	\$380
PTA Non-Member – One Day (Friday or Saturday)	\$195	\$195
Student Member <sup>3</sup> – Full Conference	\$60	\$60
Student Non-Member – Full Conference	\$170	\$220
Group Rate <sup>4</sup> – Full Conference	\$310	\$360
Lifetime Member – Full Conference	Free	Free

## REGISTRATION NOTES

<sup>1</sup> Registration and fees must be **submitted BY Sept. 18, 2023**, in order to receive the Early Bird rates.

<sup>2</sup> Registration and fees **submitted AFTER Sept. 18, 2023**, and any on-site registrations will be charged the Regular rate.

<sup>3</sup> To verify membership in APTA PA, all APTA PA members MUST include their APTA number. The APTA PA Office will cross-reference all attendees to ensure the correct registration type has been selected. If a non-member selects the member price, he or she will receive an invoice for the balance.

<sup>4</sup> Group pricing is available for three or more APTA PA members from the same company. You must list the other registrants from your company when you register. Fewer than three registrants from the same company will be billed for the difference between the Group rate and the Member rate.

## SUBSTITUTIONS

You may substitute registrants (from the same office/practice) prior to the conference. Please contact the APTA PA Office at 412-871-3406 x 104 for assistance. APTA PA does not accept responsibility for no-shows at the conference.

## REGISTRATION CANCELLATION POLICY

All registration cancellations and refund requests must be made in writing before Sept. 11, 2023. A refund of the full conference fee, minus a \$75 administrative fee, will be given for cancellations received by that date. **No refunds will be granted for requests received on or after Sept. 12, 2023.** Submit all requests to Helena Karlinski ([hkarlinski@cmemanage.com](mailto:hkarlinski@cmemanage.com)) at the APTA PA Office. APTA PA regrets that refunds will not be given for no-shows. Refunds will not be processed until after the conference.



# HAPPENINGS & EVENTS

## POSTER PRESENTATIONS

Poster presentations will be available for review in the Exhibit Hall the entire weekend. Presenters will be in attendance at their respective posters on Saturday, Oct. 7 from 10:00 a.m. to 11:00 a.m. Learn about the research happening in Pennsylvania and engage with presenters.

## PLATFORM PRESENTATIONS

Research platform presentations will be presented on Friday, Oct. 6 from 4:30 p.m. to 6:00 p.m.

## LEGISLATIVE UPDATES LUNCHEON

**Friday, Oct. 6 // 11:00 a.m.-12:00 p.m.**

Interested in staying up-to-date on the latest legislative issues affecting physical therapy in Pennsylvania? Join this luncheon for an overview of hot legislative topics. All conference attendees are invited to attend but must pre-register on the conference registration. Food will be served.

## OPENING RECEPTION IN EXHIBIT HALL

**Friday, Oct. 6 // 7:00 p.m.-9:00 p.m.**

Kick off the weekend with our Opening Reception! Use this opportunity to connect with our generous vendors who help support our conference while enjoying beverages and light food. This is also an excellence chance to peruse the poster presentations, which will be set up in the Exhibit Hall. APTA PA awards will be given out during a ceremony from 7:00 p.m. to 7:45 p.m. at the Opening Reception. Beverages and light food provided for all conference attendees.

## BREW AND BUSINESS MEMBERSHIP MEETING

**Saturday, Oct. 7 // 4:15 p.m.-6:00 p.m.**

The APTA PA Annual Membership Meeting is your chance to learn about what's happening with your APTA chapter. The Brew and Business Membership Event is open to APTA PA members ONLY and a ticket is required, which will be included in your registration packet. A cash bar and non-alcoholic drinks are provided.

## PAC FUNDRAISER: APTA PA CENTENNIAL CELEBRATION

**Saturday, Oct. 7**

Don't miss this fun and challenging event hosted by the PA PT PAC! Join us to be part of our studio audience and play interactive games, listen to interviews and network with fellow professionals. We will also have a great silent and raffle auction!

Come join and be the best team among other participants!

## HOUSE OF DELEGATES MEETING

**Sunday, Oct. 8 // 12:45 p.m.-2:00 p.m.**

Pennsylvania delegates will meet immediately following conclusion of the final educational sessions on Sunday, Oct. 24.

# SAVE THE DATE

# 2024 MOVEPA CONFERENCE

Nov. 1-3, 2024

Seven Springs Mountain Resort  
Seven Springs, PA